



Swim Attire

In the interest of public health and safety for all patrons at Sunbury Aquatic and Leisure Centre, swimmers must wear appropriate attire in the pool.

- Tight-fitting swim nappies are to be worn by all children who are not fully toilet trained, including children who have occasional accidents.
- When using disposable swimming nappies, tight-fitting aqua pants should be worn over the top. This ensures a secure fit and helps prevent accidents.
- Reusable swim nappy pants are also acceptable provided they tight fitting around the leg and stomach.
- If children don't have appropriate swim wear, they will not be allowed to participate in swimming. This includes saggy or loose-fitting garments that won't pull up around the waist.

Healthy Swimming

Follow these simple steps can help keep the pool safe and clean:

FOLLOW THE 5 HEALTHY SWIMMING STEPS TO HELP KEEP YOUR POOL CLEAN



Shower and wash with soap before you swim



Wash your hands with soap after going to the toilet or changing a nappy



Change nappies in nappy areas only



Don't swim if you have diarrhoea



Avoid swallowing pool water

Find out more at www.betterhealth.vic.gov.au

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EVERYONE SHARES THE POOL, DON'T SHARE YOUR GERMS



VICTORIA
State Government
Health and Human Services

Recommendations

Disposable Swim Nappy

Huggies

Available at Woolworths, Coles, Big W, and Chemist Warehouse. They come in sizes Small to Large (14+ kg).

Mamia Swim Pants

Available at Aldi. Sizes include 9–15 kg and 12 kg+.

Swimmates

Available on Amazon. They come in a wide range of sizes, from Youth Small up to Adult XXL.



Reusable Options

Conni reusable swim shorts provide secure protection by containing bladder and bowel accidents, helping keep pool water clean and safe.

They feature a flexible built-in brief and adjustable waist and leg toggles for a comfortable and reliable fit.

Reusable and long-lasting, they're a cost-effective and eco-friendly alternative to disposable swim products.



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